

Taizé music comes from the Taizé community, a French ecumenical religious community founded in 1940. <u>Taizé</u> is a prayerful form of music known for its simple, yet rich and meditative character.

Taize music often takes the structure of an ostinato (a simple melody that repeats over and over) and is meant to serve as a kind of musical centering prayer. Because Taizé music itself is intentionally simple, it provides a great way to move our prayer from the head to the heart. (Much of this is applicable to other forms of prayerful music like chant or worship music). However, Taizé is a great starter example because it is easy to learn and designed especially for active prayer.

Silence is essential to all prayer forms, but it is especially important when praying with music. People will need silence to speak their own words to God and to listen for God in return.

To read more . .

University of Notre Dame, McGrath Institute for Church Life

https://mcgrathblog.nd.edu/how-to-pray-with-taiz%C3%A9-music

To read more . .

Taize Website:

https://www.taize.fr/en

subite

For many of us, music is often a transcendent experience, lifting us above the worries and distractions of daily life. Consider using instrumental music, as a doorway into prayer and cultivating your ability to listen with the ear of your heart. This is called Audio Divina, or sacred listening.

### **Preparation**

Prepare for your prayer by finding a quiet place and take some time to settle yourself into stillness. Rest in silence, aware of the sacredness of this time you have set aside. Breathe in an awareness of God's presence, breathe out distractions and worries. Slowly allow your focus to move from your head down into your heart.

subite

To read more, see pages 2 & 3 . .

<u>https://static1.squarespace.com/static/593fc47d5016e1a7b79946ab/t/5e8346117e4255766ce47f8e/1585661459713</u>
/Lectio++and+Audio+Divina+resource.pdf

Prayer doesn't always have to be in silence. We can pray with music no matter the season — of your life or the liturgical year.

O come, let us sing to the Lord; let us make a joyful noise to the rock of our salvation! Psalm 95:1

#### What is praying with music?

God has been drawing people to himself through music for centuries. We see David bring peace to Saul whenever he plays the harp (1 Samuel 16:23). Jesus sang traditional Passover hymns with his disciples at the Last Supper (Matthew 26:30). The Psalms were written with the intention of them being sung. This prayer method has strong Biblical roots; there are countless Biblical instances of praying with music.

subite

Today, we can continue the tradition of conversing with God through music at Mass, during personal prayer, and while we go about our day.

To read more . .

https://hallow.com/2020/12/14/how-to-pray-with-music/

The following pages of musical pieces are suitable for quiet meditation or for praise and worship.

They are all on Youtube, and were researched and compiled by a member of our diocesan choir, to whom we extend our sincere thanks.

subite

### Meditative Music by Composer Elaine Hagenberg

"O Love"

"You Do Not Walk Alone"

"Still With Thee"

"The Meditations of My Heart"

"Deep Peace"

"To Thee My Heart I Offer"

https://youtu.be/U2cqblTDR8w

https://youtu.be/gNCj2KW-JFk

https://youtu.be/SPJ7LXTd8ll

https://www.youtube.com/watch?v=r3j9Bclzl0k

subite

https://youtu.be/u0XVTmhZFw8

https://youtu.be/ABZcjutMx8I



### Meditative Music by Composer John Rutter

"The Lord Bless You And Keep You"

"God Be In My Head"

"A Clare Benediction"

"Be Thou My Vision"

"The Lord Is My Shepherd"

https://www.youtube.com/watch?v=QcYzO8Y4PH0

subite

https://youtu.be/yGMcFt61yjo

https://youtu.be/4amyhUC4is8

https://youtu.be/4RVCifYOFFo

https://youtu.be/wqGJ Gh6Fnk

Stainer, God so Loved the World

https://www.youtube.com/watch?v=X5Akz6J8Rw0

Wilby, If Ye Love Me

https://www.youtube.com/watch?v=0hhDxGzGcos

There's a wideness in God's Mercy

https://www.youtube.com/watch?v=gM1ijdRa7Ls

subite

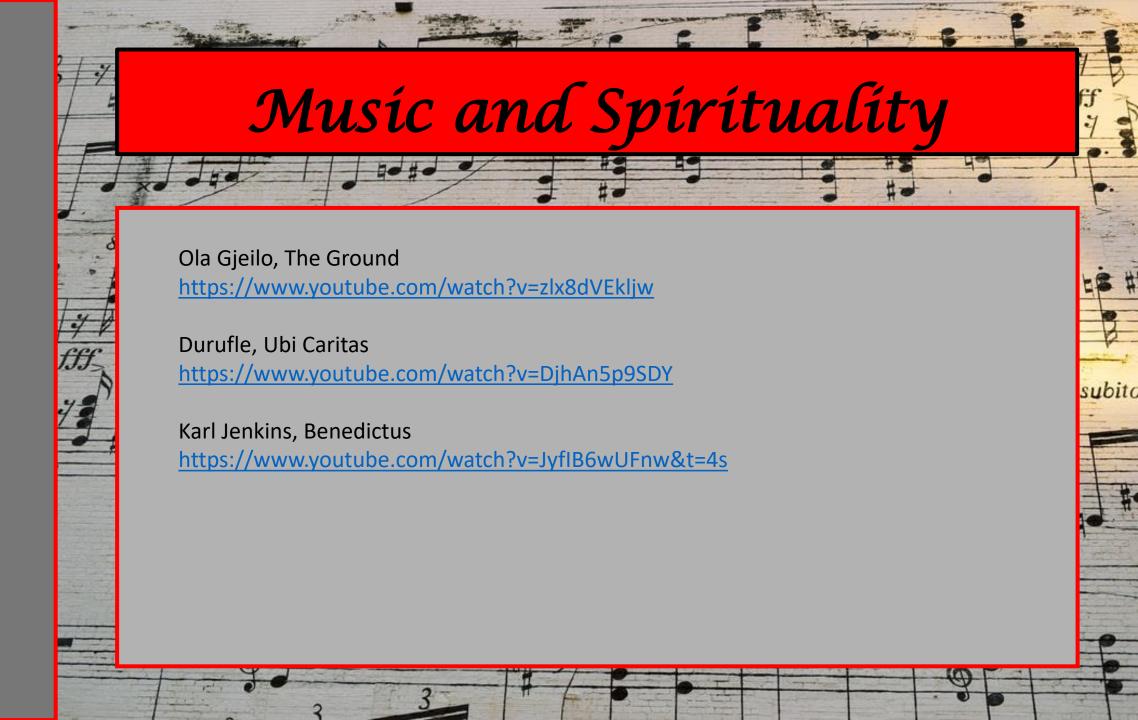
Jonathan Veira, The Lord's My Shepherd<a href="https://www.youtube.com/watch?v=-ARxgizb-G4">https://www.youtube.com/watch?v=-ARxgizb-G4</a>

Rita Connolly, I Arise Today

https://www.youtube.com/watch?v=58HFA0F8 Is

Anima Christi

https://www.youtube.com/watch?v=BYzT9zOJHF0



### Music and Spirituality Dan Schutte, Send Us Your Spirit, O Lord https://www.youtube.com/watch?v=j3hVOCl2prU subite Audrey Assad & Porter's Gate, Nothing to Fear https://www.youtube.com/watch?v=6seZhG6MWF4 Porter's Gate, Wood and Nails https://www.youtube.com/watch?v=odisftO1uLE Porter's Gate, Little Things with Great Love https://www.youtube.com/watch?v=pm5VQAxdMrc

### **SONGS OF PRAISE AND WORSHIP**

Pat Barrett, Hymns of the Holy Spirit, <a href="https://www.youtube.com/watch?v=zGsawBBxVMY">https://www.youtube.com/watch?v=zGsawBBxVMY</a>

https://www.youtube.com/watch?v=UuhYZrn4flo

Audrey Assad, Restless

https://www.youtube.com/watch?v=SywQCCcoy1s

subite

Dan Schutte, O God Be The Music

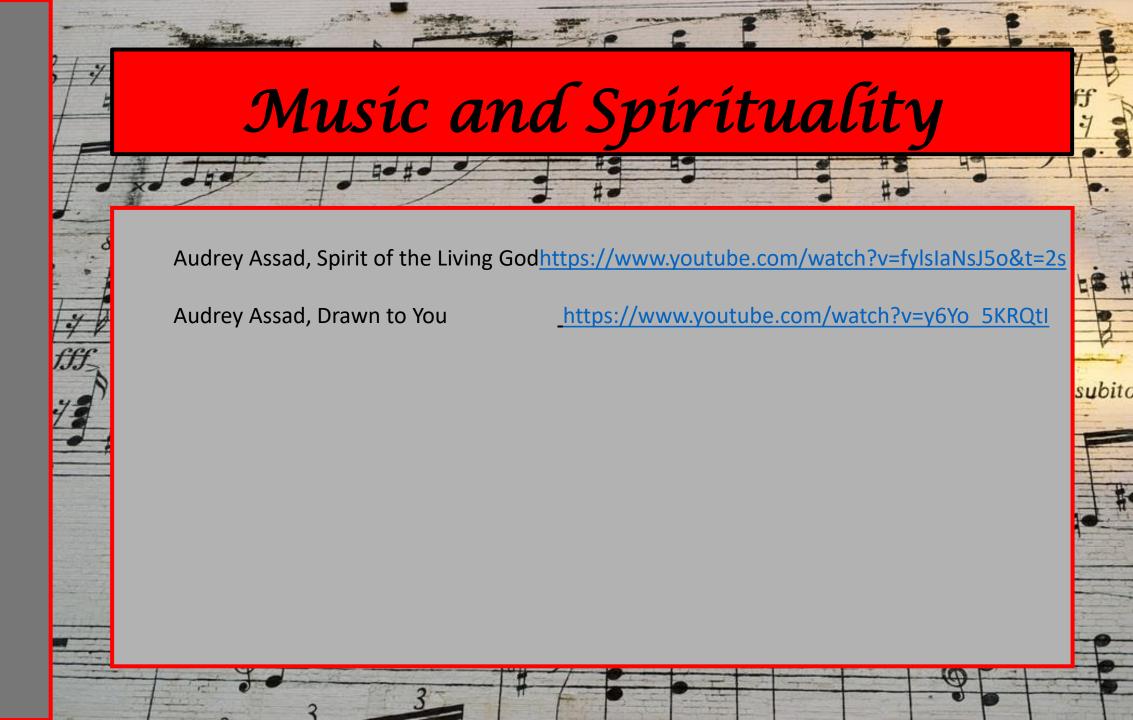
https://www.youtube.com/watch?v=103vulwgocM

Dan Schutte, To Praise You

Dan Schutte Hymn of Praise, (Te Deum) <a href="https://www.youtube.com/watch?v=xqpqia-DXC8">https://www.youtube.com/watch?v=xqpqia-DXC8</a>

Dan Schutte, Sing A New Song

https://www.youtube.com/watch?v=MoFFHOr4Qtg



#### **INSTRUMENTAL PIECES**

El Concierto de Ararjuez

Intermmezzo from Carmen

https://www.youtube.com/watch?v=X9DOtuPLqNI

subite

https://www.youtube.com/watch?v=T7zYsyPvYiY